

# RACHEL RAMSEY

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## Certifications

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American Red Cross: Babysitter (2/2002),  
Lifeguard & CPR Trained (1/2009, 5/2010)  
PADI: Open Water Diver (4/13/2003) 42+ dives  
Boating License (3/2004)

## Work Experience

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### **CBS3 and The CW Philly (May-August 2010)**

Intern, Creative Services Department: promotions,  
wrote scripts, went on shoots, production and  
editing, control room during programming, logging

### **University Recreation Center (UREC) (Sept-Nov 2009, 2010)**

Intramural field hockey official; collected  
equipment; cleaned the field; enforced game  
rules and UREC policies to avoid injuries.

### **The Breeze (Sept-Dec 2009)**

Writer at the student run newspaper for the *Life*  
section

### **Roton Point Association (May-August 2009, 2010)**

Lifeguard; clean pool and beach area;  
change chemicals daily; enforce club's rules  
and policies; watch swimmers and protect  
lives.

### **Babysitter (Feb 2002 – present)**

American Red Cross certified

## Education

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### **Brien McMahon High School c/o 2008**

Class secretary (2004-2008), varsity lacrosse and  
field hockey (2004-2008)

### **James Madison University c/o 2012**

Major: School of Media Arts and Design (SMAD),  
Corporate Communications concentration  
Major: School of Communication Studies (SCOM),  
Public Relations program

## Extracurricular Activities

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### **9/09-Present: Alpha Phi International Fraternity**

*2010 Director of Chapter Events:* Organize and  
plan events and social calendar. Works with  
the Vice President of Program Development,  
and have adapted to working under two  
different leadership styles. *2009 Historian:* Décor  
in chapter house, book photographers for  
events.

### **9/09-Present: Club Field Hockey**

Practice and compete playing field hockey  
with other surrounding universities. Practices  
eight hours a week, tournaments in fall and  
spring semesters. Community service requires  
at least five hours a semester and includes  
work at SPCA and donations to troops.  
Fundraising events include concessions at  
football games, basketball games, and  
campus concerts.

### **8/18/09-8/26/09: First Year Orientation Guide (FROG)**

Help assist incoming first year students to JMU  
during an orientation week. Train for three days  
before first years arrive, then work 13+ hour  
days for five days guiding first years into their  
first week of classes. Includes summer reading  
discussions, giant icebreakers, and  
communicating with all different types of  
people.

### **9/01/04-5/30/08: Senators Community Foundation (SCF)**

Work with a large group of high school  
students in the Center for Youth Leadership to  
raise public awareness and stop child abuse.  
For over four years we wrote letters to public  
figures, participated in many public awareness  
activities such as Drop Dead Day and were  
featured in local newspapers and on local  
news stations numerous times.