

It was a short ride to the office at James Madison University. No need for a helmet. Unfortunately, I had a mishap and my bicycle went vertical and my head hit the asphalt hard on the fall. A passing motorcyclist saw this and knew I was seriously hurt because I did not have a helmet on. He slammed on his brakes to help me and this caused him to lose control of his motorcycle. Unfortunately, he fractured his leg. Of course, I feel terrible about that.

MORAL OF THE STORY: Wear a helmet ALWAYS!